

FACILITY POLICIES, RULES & ETIQUETTE

- PISE has a zero-tolerance approach to abusive and aggressive behaviour and ask that you conduct yourself in a friendly, respectful manner towards other clients, staff and respect the facility.
- PISE (including the field, grounds and parking area) is **SMOKE FREE**! Drugs (including cannabis) or alcohol in the facility or, on the grounds are strictly forbidden.
- Memberships & flex passes are non-refundable, non-transferable. Memberships can only be put on hold with submission of a medical-note.
- Each member & flex pass holder must swipe their card for security and photo verification before entry to the fitness centre or gymnasium.
- PISE Programs are not pro-rated.
- Client use of photography or recording devices (including cell phones with camera and recording capability) are **NOT** permitted in change rooms. When used for your own purpose in fitness areas, please be conscious other users are not filmed. Professional shots/filming must be approved by PISE management.
- For health and safety please wear appropriate workout clothing; closed-toed athletic shoes with nonmarking, shirts, shorts of appropriate length, athletic pants/leggings. Please, **do not** wear: revealing tank tops, jeans, street clothing, and anything displaying inappropriate slogans or offensive text or images.
- Gym bags and valuables are not permitted into the workout areas. Day use lockers are available. PISE is not responsible for lost or stolen items; please use the lockers provided or, leave valuables at home.
- For health and safety reasons, no animals (except guide/aid animals) should be in the fitness centre or gymnasium facility.
- Food or drink (except water in a closed container) should not be taken into any of the fitness, gym or field areas.
- A 30-minute time limit on cardio equipment and Olympic Platforms must be observed when someone is waiting.
- All clients are required to follow COVID 19 protocols in place at PISE and required by the Provincial Health Officer. As these protocols are fluid, please visit pise.ca for further COVID 19 information.