



JOB POSTING

POSITION TITLE	Strength & Conditioning Coach (Youth Performance)
REPORTS TO	Personal Training Coordinator and Performance Coordinator
TERM	Continuing
COMMITMENT	Part-time/Piece Rate

ORGANIZATION SUMMARY

Founded in 2008, PISE is a non-profit organization that provides programs and services for South Vancouver Island while managing the Pacific Institute for Sport Education facility, the first summer sport institute in Canada. Nationally recognized for work in the areas of **physical literacy** and **inclusion**, PISE is also a part of the ViaSport Regional Alliance in BC. The organization helps build a healthy, active community while focusing on inclusion, physical literacy, active living and supporting the development of performance sport. PISE's driving purpose is to transform lives through healthy activity and sport by providing physical activity and health education programming and services for children, youth and adults. Visit PISE.ca to learn more.

POSITION SUMMARY

PISE is looking for a highly motivated and passionate Strength and Conditioning Coach to join our growing team! As a PISE S&C Coach your work will include training sessions with athletes of varying skill sets, in both team and one-on-one settings, as well as one on one sessions with the general population. This is a chance to contribute to youth development and athletic performance in a community-focused organization. Previous experience coaching in a group/team based environment is an asset.

KEY ROLES & RESPONSIBILITIES

- Design and implement strength and conditioning programs for one-on-one clients,
- Design and implement programming for general population group-based training sessions
- Design and implement strength and conditioning programs for youth-based programs and high-performance teams

KNOWLEDGE, SKILLS & ABILITIES

- Ability to build strong relationships and works in a team environment
- Innately driven, and self-motivated
- Organized, and punctual
- Experienced with multi-sport team training (considered an asset)
- Competency with all aspects of strength and conditioning, program development, and session delivery.

QUALIFICATIONS

- Post-secondary degree or diploma in Kinesiology, Recreation or another related field
- Certification in Strength and Conditioning (NSCA, CSEP or equivalency)
- Experience working with youth, competitive, high-performance athletes is an asset
- Current Standard First Aid CPR/AED Level C



JOB POSTING

- Current Police Information Check with Vulnerable Sector Screen

TO APPLY

This position will remain open until a suitable candidate is found. To apply, please submit a resume and a cover letter to:

Brianna Wheeler
HR and Administrative Coordinator
careers@pise.ca

Thank you for your interest in PISE.

*Please note, due to the number of resumes received,
only candidates selected for an interview will be contacted.*